

**Gathering Markit CO Great Commission Foundation** 

## InAsMuch Community Society

Lunch Kits

Helping Newcomers Thrive in Canada through Mental Health and Parenting Supports \$4,600 Adapting to Canadian life can be challenging for newcomers, especially for refugees. This project will provide parenting helps and tools to encourage good mental health so newcomers can thrive here.

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# 2024 Smart & Caring Community Grants

## Abbotsford Association for Healthy Aging

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## Seniors Social Cafe

Facilitating and fostering friendships amongst older adults to help reduce social isolation and loneliness. Seniors Social Cafes are tailored to seniors to build on community connections.

## Abbotsford Hospice & Grief Support Society

**Children and Youth Grief Support Program** 

Supporting grieving children and families in local schools, while providing training and education for teachers and staff, with a focus on our Indigenous community.

## Abbotsford Youth Commission

## FOCUS: A Mental Health and Resilience Group

FOCUS is a mental health group for youth with workshops that build skills around resilience, emotions, coping strategies, anxiety, stress, anxiety and self care.

## **Care For Women Foundation**

## Care For Women Program - Community Expansion

To support 20 pregnant vulnerable and at-risk mothers and their babies with practical and emotional help with a 1:1 mentor in their home, meals, cleaning, transportation to medical appointments, and community resources over 8 months.

## **Creative Centre Society for Mental Wellness**

## Young Adults with Severe & Persistent Mental Illness Support Program \$11,693 Supporting young adults with severe mental illness; fostering recovery, community integration & societal contribution through volunteering opportunities. Program expansion will offer additional spaces for vulnerable youth & a teaching Kitchen.

These lunch kits come with a choice of drink, yogurt, granola bar, choice of fruit, fresh veggies,







\$7,500

\$7,500

## \$7,500

## \$5,000

# \$8,172



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## Salvation Army Back to School Event & Program

One of their most highly requested services for families, they provide students in middle and high schools with packs and supplies along with a gig card for each family to ease their budgeting challenge.

## **Volunteer Cancer Drivers Society**

## Abbotsford Cancer Patient Complimentary Transportation Program

This project provides complimentary, safe, compassionate and on-time transportation for Abbotsford Cancer parents to and from their essential care at designated Lower Mainland cancer centres.

Total: \$59,465

\$5,000

\$2,500